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Dhing College

Article 5 Agreement or Memorandum of an agreement

Article 5 Agreement or Memorandum of an agreement

(Zero)

Dhing College

Arogya Yoga Kendra Dhing

Arogya Yoga Kendra Dhing

(One Hundred only)



Please write or type below this line ...

Dhihi Tallege: Dhing

Rup Jyati Kon Secretary **Arogya Care Foundation**

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MEMORANDUM OF UNDERSTANDING

This "Memorandum of Understanding" (MOU) is made and entered into as of 24/04/2025 by and between Dhing College, Nagaon (Assam) and Arogya Yoga Kendra, Dhing, (A unit of Arogya Care Foundation) Nagaon (Assam).

Background:

<u>Party A-</u> Dhing College, Affiliated to Gauhati University; Accredited by NAAC with B+ Grade

<u>Party B</u>- Arogya Yoga Kendra, Dhing (A unit of Arogya Care Foundation) Registered under the S.R. Act, XXI of 1860, Regn no: RS/NG/254/R/29;

Registered under NITI Aayog, Govt. of India, Unique ID: AS/2019/0233505;

Associated with National AYUSH Mission, Govt of Assam

& An ISO 9001:2015 Certified Institution.

The "MOU" is hereby sets for the terms and understanding between the two parties. Whereas the parties desire to memorialize certain terms and conditions of their anticipated endeavor.

Now therefore, in consideration of the mutual promises and covenants contained herein, the Parties agree as follows:

• **Purpose**- To promote the practice and awareness of yoga and wellness among the students, staff of Dhing College, and the local communities, and to implement a structured Internship Course in Yoga under the guidance of qualified professionals. This course shall encompass theoretical learning, practical training, and community outreach, thereby fostering holistic health, self-discipline, and active community engagement.

Contd

United and SM 2025

Secretary
Arogya Care Foundation
Nagaon: Assam

Scope of Collaboration:

- a) Conduct Yoga classes and workshops for students, teachers, and staff of Dhing College.
- b) Organize Yoga Awareness Camps, Health Check-up Camps, and Cultural Yoga Demonstrations within the college and the surrounding community.
- c) Facilitate a structured Internship Course in Yoga for students interested in yoga education, therapy, and wellness practices, under the supervision of certified instructors.
- e) Conduct weekly Yoga sessions for students of Arogya Yoga Kendra at the college's Indoor Stadium or Yoga Hall, ensuring regular engagement and physical well-being.
- d) Jointly celebrate important occasions such as the International Day of Yoga, Annual Sports Meet, and other relevant Yoga and Wellness events.
 - **Term-** This MoU shall remain in force for a period of **two (2) years** from the date of signing.
 - **Entire Agreement** It is mutually understood by and between the parties that all the terms and conditions mentioned above are agreed between the two parties.

The parties set forth above as demonstrated by their signatures as follows:

Representing DHING COLLEGE Representing AROGYA YOGA KENDRA, DHING (A unit of Arogya Care Foundation)

Name - Dr. Biman Hazarika

Position- Principal

Mobile no - 94352,37968

Seal & Signature

Name - Rup Jyoti Kar

Position - Secretary

Mobile no - 9706834499

Seal & Signature

Kup I jali Kan Secretary Arogya Care Foundation Nagaon: Assam